

## General NYC Resources

- NYC has developed a site with a list of general resources:
  - [COVID-19 Services & Resources](#)

## Eviction Concerns

- For families with eviction concerns:
  - [Bronxworks](#)
  - [Coalition for the Homeless](#)
  - [The Legal Aid Society](#)

## Food Resources

- Free or affordable meals:
  - [School meals](#) for students
  - [Restaurants](#) donating food
  - [Little Spain](#) is offering affordable and free meals
  - [Citymeals](#) for people 60 years or older
  - [Food delivery](#) for families in need
  - [Burger King](#) is giving away two free kids meals with any app purchase
- Food pantries/Soup Kitchens :
  - [City Harvest](#) is delivering food
  - [Soup kitchens and food pantries](#) by borough
  - [Food Bank NYC](#)

## Mental Health Support

As a reminder, call 911 in case of an emergency

- Mental health support for families and individuals :
  - [NAMI](#) is providing support to all through their helpline
  - [SAMHSA](#) has a national helpline available now
  - [NYC Well](#) is available via call, text or chat
  - Contact [NY State Domestic Violence](#) if you're experiencing abuse during self-isolation or quarantine
  - [NYC 24 Hotline for Domestic Violence Survivors:](#)
    - 800-321-HOPE(4673)
- [Queens Family Justice Center:](#)
  - 718-575-4545 - 9:00-5:00 PM
- Safe Horizon one-on-one online chat system: [www.safehorizon.org/safechat](http://www.safehorizon.org/safechat) Weekdays 1:00 - 6:00 PM
- [Safe Horizon 24-Hour Hotline for Rape and Sexual Assault:](#)
  - 212-227-3000
- [Immigrants Rising](#) virtual wellness gathering
- [Crisis Text Line](#)
- [Trans Life Line](#)
- [VirusAnxiety](#) online resource
- [Headspace](#) is an online mindfulness meditation app

## Medical Resources

- Uninsured and underinsured :
  - [NYC Health and Hospitals](#)

Call 1-844-NYC-4NYC for an appointment

- [NYC Department of Health and Mental Hygiene](#)
- [New York State Department COVID-19 Hotline](#)

## Utility Bill Support

- [ConEd is helping NYC:](#)
  - Your service will not be shut off for non-payment.

- Waiving new late-payment fees.
- Suspending no-access fees if we can't read your meter.
- No fees for making payments with credit cards or debit cards.
- Suspending fees for refusing smart meter installations
- Most customers can arrange for payment extensions and agreements online through [My Account](#)

### **Financial Resources**

- Various organizations can assist people in need of financial assistance:
  - [NYC Human Resources Administration](#) to apply for Medicaid, cash assistance, SNAP, and childcare assistance. These HRA sites can also assist individuals in securing jobs
  - [New York State Unemployment Insurance](#)

### **Internet/Phone Service Accommodations**

Comcast: [Free public Wi-Fi for 60 Days to families](#)

- Spectrum: [Wi-fi for 60-days for K12-college-student-households-and-more](#)
- Altice: [Free broadband for students](#)
- Xfinity [Free hotspots](#)
- AT&T: waiving data overage fees to all customers. The company is promising not to terminate the service of any customer over the next 60 days.
- Verizon: waiving any late fees and not terminating any service for the next 60 days.
- T-Mobile: Current customers will have unlimited smartphone data for the next 60 days (excluding roaming) and more
- Sprint: Not terminating service if they are unable to pay their Sprint bill and waiving late fees incurred because of economic circumstances related to the pandemic.

**Please remember to check with the above providers on their terms and conditions. Remember to cancel their services after the trial period ends.**